

Henna Brows Post-Care Instructions

R+ Med Spa



Post-Treatment Recommendations:

- Don't clean and/or wet the henna-dyed brows for at least 24 hours after treatment.
- Avoid swimming in the first 24 hours.
- Avoid sunbathing for 24 hours, this can change the tint of the color and can increase the risk of allergies.
- Avoid heat treatment like steam rooms or saunas.
- For people who live in tropical climates, use CBD Defense Balm with SPF 30.
- Use cleansing products as little as possible.
- Scrubs and peeling products containing AHA and glycolic acid will cause color to fade.
- Allow four weeks between treatments.
- Avoid fake tans. They may interfere with the color of henna (it can turn orange).
- Avoid oil-based makeup removed and oil-based makeup.

Notify our Cosmetologist immediately if you experience:

- Skin itching
- Rash
- Redness
- Swelling of eyes/face
- Blistering
- Skin weeping during the days after coloring

If you experience any of the beforementioned side effects, contact the office immediately at 270.651.4772 during business hours. For an after hours emergency please contact your cosmetologist. For increased redness swelling or uncontrolled pain please visit an after hours medical provider.

Additional Instructions: _____
