

Brow Lamination, Lash Lift and Lash Tint Post-Care Instructions

R+ Med Spa



Post-Treatment Recommendations:

- Do not apply makeup or receive any other eye treatments for 24 hours after your treatment.
- Avoid rubbing and touching the eyes or brows.
- Avoid contact with water, moisture, or hot temperatures for 24 hours.
- Avoid swimming/sauna for 24 hours.
- Use Supercilium Nourishing After Care Balm.
- Comb the brows for lashes upwards using a spoolie.
- Sleep on your back for up to 2 days after treatment to prevent the brows or lashes from being squashed by the pillow.
- If any stinging or swelling occurs, keep applying a cold, dampened cotton pad, cold compress, or cooling spray to soothe. If the condition persists, seek medical advice and let the Cosmetologist know so they can put it on your record.

After this, there is zero maintenance needed until a relift is needed, which commonly occurs between 5-6 weeks, but for some, can occur between 6-8 or even 8-10 weeks.

If you experience any of the beforementioned side effects, contact the office immediately at 270.651.4772 during business hours. For an after hours emergency please contact your cosmetologist. For increased redness swelling or uncontrolled pain please visit an after hours medical provider.

Additional Instructions: _____
